



School District of Sevastopol Community Courses!

Please join us for your favorite activity, or learn more about important topics of interest to you, by attending one or more of these community programs. Please register by **December 17, 2018** by completing the paper form below and returning it to school, or by completing an online registration form available via a link on our website at Sevastopol.k12.wi.us. If you have questions about any of the courses, please email us at Communityprograms@sevastopolschool.com.

ART & CRAFT CLASSES

CERAMICS: HAND BUILDING WITH CLAY

This class is an introduction to the variety of methods used to create hand-built clay pieces. In addition, some students may have experience, and can continue their mastering of the art. Your choice may be utilitarian, sculptural, or abstract. After you are done creating, the pieces are kiln-fired and can be glazed for a beautiful finish!

Tuesdays/Thursdays: January 22, 24, 29, 31 & February 5, 7, 12, 14, 19 & 21

5:30 - 7:30 PM

Instructors: Lynn Tomjanovich & Heather Fellner-Spetz

INTRO TO QUILTING In this class you will use basic quilting techniques to create a quilt. All steps in the process of quilt-making will be covered from piecing to top-quilting. Fabric and supply purchases may be necessary in advance of the class.

Wednesdays: January 16 through March 21, 2019

5:00 - 7:00 PM

Instructor: Sarah Brandt

NEEDLE FELTING 101 Learn how to turn unspun wool into your own 2D & 3D creations. Needle felting is the art of sculpting wool with special barbed needles. Needle felting has a quick learning curve and can be done almost anywhere. Join us for some relaxed, crafting sessions.

Mondays: January 28 through March 11

4:30 - 6:00 PM

Instructor: Cara Hutchison

DABBLING IN JEWELRY MAKING

During the five weeks of class, we will dabble in the art of making earrings, bracelets, bookmarks, and Japanese string Kumihimo jewelry, weaving and wireworks.

Wednesdays: January 16, 23, 30 & February 13 & 20, 2019

5:00 - 7:00 PM

Instructor: Diane Jenquin

COMMUNITY EDUCATION

"FAMILY" MEAL PREPPING 101

Learn ways to meal prep that are quick and efficient for your needs at home. Learn about budgeting meals, and walk away with recipes and ideas to use throughout the year!

Session Dates: January 31, February 26 & March 12, 2019

6:00 - 7:00 PM

Instructor: Megan Horvat

COMMUNITY COMPUTER CLUB

This community course is designed to permit participants to learn more about their computers and software applications. The club leaders will try to help members answer their technology questions and share best practices with the support of other members.

Saturdays: February 2, 23 & March 23

8:30 - 10:30 AM

Instructors: David Phillips & Bridget Bowers

COMUNIDAD UNIDA EN EDUCACION, RESPETO, PAZ Y OPTIMISMO (CUERPO)

El proposito de las reuniones sera compartir, educar e informar a los

latinos en nuestra area sobre los recursos disponibles para ellos y discutir temas de interes. Los oradores pueden ser invitados al grupo. Se hablara espanol la mayoria de la junta.

Mondays: January 14 & February 4 at 6:30 PM

Sundays: January 27 & February 24 at 3:00 PM

Facilitator: Dina Saunders

HEALTH & EXERCISE CLASSES

ESSENTIAL OIL MAKE AND TAKE

Participants will learn how to safely use essential oils and make up to two essential oil items to take home.

Thursday: February 7, 2019

6:00 - 7:00 PM

Instructors: Dawn Chier & Melissa Malcore

CORE & MORE Strengthen that mid-section and much more with the right exercises and hand weights. Instructors will help you build awareness of long-forgotten muscle groups. For your comfort, please bring a towel, water and floor mat to class.

Tuesdays: January 8, 15, 22, & 29, 2019

4:30 - 5:15 PM

Instructor: Tonya Felhofer, Door County YMCA

ZUMBA Combines Latin and international music with dance moves. It incorporates interval training, alternating fast and slow rhythms and resistance training. Zumba is a dance party that burns calories and leaves you feeling exhilarated!

Tuesdays: February 5, 12, 19 & 26, 2019

4:30 - 5:15 PM

Instructor: TBD, Door County YMCA

CREATE - EXERCISE - ENJOY FAMILY TIME - LEARN & DISCUSS - EXPLORE INTERESTS SEVASTOPOL COMMUNITY PROGRAM Registration Form

Name: _____ Mailing Address: _____

Phone: _____ Email: _____

Please check courses you are registering for:

- | | | |
|--|--|--|
| <input type="checkbox"/> Ceramics: Hand Building with Clay | <input type="checkbox"/> Community Computer Club | <input type="checkbox"/> Essential Oil Make and Take |
| <input type="checkbox"/> Intro to Quilting | <input type="checkbox"/> "Family" Meal Prepping 101 | <input type="checkbox"/> Core & More |
| <input type="checkbox"/> Needle Felting 101 | <input type="checkbox"/> Comunidad Unida En Educacion, | <input type="checkbox"/> Zumba |
| <input type="checkbox"/> Dabbling in Jewelry Making | Respeto, Paz Y Optimismo (Cuerpo) | |

Please return your completed form to the Sevastopol School office or register online by December 17, 2018.

All classes will be held at Sevastopol School. Details will be emailed to participants by early January.

Please register early. Some classes have a maximum.